

Temple Beth El Bulletin

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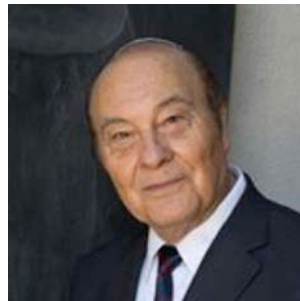
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Rabbi's Message ~ Dov Gottesfeld

Shalom to all:

A CONSTANT GUEST

Some years ago, while having lunch with an Israeli colleague of mine in Los Angeles, I remember asking him about his growing up in Israel, and his vocational aspirations as a youngster. He thought momentarily, and suddenly a mischievous smile spread across his face. "My aspiration in life, when I was young, was to become a professional guest" he finally said in a sincere voice and expression. It was such an unexpected answer, which must have made my face frown in disbelief, because he affirmed it with a number of insisting short nods, and raised eyebrows. "I'm serious" he said, and proceeded to tell me his story. "Whenever my parents were invited for Shabbat dinner, there was always great food served on beautiful looking plates with silver utensils, and ironed cloth napkins. My parents rarely invited guests for dinner; perhaps, because they did not have those special beautiful Shabbat dishes.



Dov Gottesfeld

I tried hard to focus on his story while he was telling it to me, because my memory swept me back to my own childhood. I could see in my mind's eye the upper shelf behind the sliding glass panel in the upper cabinet in the kitchen where my mother kept her "Shabbat set of dishes, and utensils," which were used only on Shabbat, and only when my parents had invited guests. I wondered if those dishes should have played a role in my life, or otherwise why they were so vivid in my memory – remembering how she would ask me (because I was tall, and she was short) to reach up and hand her the dishes one by one – fearing that otherwise one might fall and break. Catering and hospitality to my parents' guests was such a significant event in my family, and I'm not surprised that it rubbed off on me as well. In my case it was my mother's food and all the fixings that had been served, not the special dishes that was important. As far as I was concerned, then, I could have easily eaten food directly from the pots with my fingers.

Continued on Page 2

November Schedule of Services:

All on Zoom at 7:30 pm:

November 6: Josue Medrano

November 13: Anita Friedman

November 20: Diane Borad-Mirken

November 27: Rabbi Dov Gottesfeld

Educational Activities

No educational activities are planned at the temple due to COVID-19.

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The Torah portion Vayera deals with many important topics; circumcision, Sarah's future pregnancy, the destruction of Sodom and Gomorrah, and the sacrificing of Isaac. Those topics are depicted meticulously. Yet, one topic, which in my opinion should have been dealt with more profoundly, was written succinctly. I am referring Abraham's welcoming of the angels who came to tell Sarah that she would have a son. Here is the short description:

Genesis 18:4-5-8 "Let a little water, I beseech you, be fetched, and wash your feet, and rest yourselves under the tree; And I will fetch a morsel of bread, and you comfort your hearts; after that you shall pass on..., And Abraham ran to the herd, and fetched a calf tender and good, and gave it to a young man; and he hurried to prepare it. And he took butter and milk, and the calf, which had been prepared, and set it before them; and stood by them under the tree, and they ate." (It was not a totally Kosher meal, but in those days they did not have a plant-base butter. However, the point of hospitality was made clear.)

The following day those angels were welcomed by Lot, Abraham's nephew, in Sodom, when they came to inform Lot that the city was going to be destroyed by God. Here is the short description:

Genesis 19:1- "And Lot, seeing them rose up to meet them; and he bowed himself with his face to the ground; And he said, Behold now, my lords turn in, I beseech you, to your servant's house, and remain all night, and wash your feet..."; and they turned into his house; and he made them a feast, and baked unleavened bread, and they ate."

That was all that had been written about the topic of the welcoming and the treatment of guests. (Hachnasat Orchim). Yet, thanks to many of our sages who noticed that "misstep", took it upon themselves to elaborate in many of their writings and interpretations. on that crucial topic for future Jewish generations. Thanks to their efforts, the welcoming of guests, and the treatment of guests became an important corner stone in Jewish tradition, which was adopted by nations in Asia, and proceeded eventually to be practiced all over the world. Just think of how your parents labored in the kitchen and cleaned the house when guests had been expected.

The following are a few examples from the Talmud and the Mishnah:

"Rabbi Yochanan said: "Welcoming guests is as great as rising early to go to the community study hall."

Rabbi Yehudah said "Welcoming guests is greater than receiving the face of the Divine Presence."

The Maharal said: "One welcomes guests because one honors the human who was created in the image of God."

Just Google "Hachnasat Otchim" (the welcoming of guests), and the wisdom, the approach and the pleasure – not to mention the kvelling (the pleasure), and the mitzvah will be all yours.

B'Shalom.

Be safe of Covid-19

Rabbi Dov Gottesfeld

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Vice President's Column – Gary Epstein



The Board of Directors has decided to hold our annual Fall Membership Meeting on Sunday, November 15th, at 2:00 pm on Zoom. Each TBE member has been sent by email a copy of the Agenda on Thursday, November 5th. If you haven't received it or misplaced it please let me know. Each TBE member who preferred to get hard copies of the monthly bulletin will also receive this Agenda by regular mail together with instructions on how to join the Zoom meeting over the telephone by landline or smart phone. Our by-laws say that in order to do official business at any membership meeting we need 20% of the membership to show up. For our current membership that quorum would be ten (10) family units.

The Covid-19 pandemic has reached great heights recently and so we're still being advised against contracting the virus through the practice of social distancing and the wearing of facemasks. The State of California and The County of Santa Barbara have set out the rules that should govern us in the use of the temple. Recently, using four color codes, both Santa Barbara and San Luis Obispo Counties have been classified to be in the "Red Zone" category which is one step less dangerous than the most dangerous category, the "Purple Zone." We will discuss this at the Membership Meeting and set up a committee to study the regulations and set policies for the temple to adopt in conformity with those rules. The regulations address many issues concerning, for example, meetings of small groups and large groups, classes in both private and public schools, and possibly the susceptibilities to the disease of various age groups.

Our annual Hanukkah Party has always been our major fundraiser. We still hope to sell tickets and have a drawing of prizes but – unfortunately – we will probably have to cancel our Hanukkah party this year. Most of us are expecting to hunker down at home in order to protect ourselves from the virus. Some of us take the increased stay-at-home time as an opportunity for early spring cleaning, reading books we've long planned to read, cooking new things, listening to music, and watching comedians on TV (to keep us laughing). Recently, in order to help reduce boredom, I have assigned myself the project of gathering together routines of famous Jewish comedians of the past that I found on You Tube and other sources. They range from Sid Caesar & Imogene Coca to Jack Benny to George Burns & Gracie Allen to Shelley Berman, etc. I emailed this list of 26 comedians out to you temple members on October 28. Just click on the blue link and be entertained. I hope this helps to relieve any boredom. (This list also appears on page 8 of this Bulletin.) Please pass along to me names of other comedians & links to their stand-up routines that I could add to this list. I'm currently exploring the internet for other projects: Lists of Jewish singers & musical performances, lists of Interviews of or by Jewish intellectuals, and other projects that occur to me. There's also a list of Jewish jokes that I've accumulated over the years.

I have asked Rabbi Gottesfeld to compose some recipes for different kinds of lotkes, and vegetarian delights. For those of you who might not know it: Rabbi Gottesfeld has a passion for creative cooking and he wants to share his recipes with others. On page 5 of this bulletin we have a photograph and summary of Rabbi Gottesfeld's first-ever cooking class presented on October 10th on Zoom. The subject of this class was "Vegetarian Egg Pizza." He has already prepared subsequent classes to follow.

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We have been adapting to this Pandemic as time passes. Our Friday evening Shabbat services, Saturday Torah discussions, Tuesday TBE Board meetings, Sunday Brotherhood seminars, Saturday Etz Chayim children's religious school sessions and High Holiday services have found a temporary home on Zoom. Joel David's adult Hebrew conversation classes are also on Zoom. Hopefully, the Sisterhood will consider adapting to Zoom until the Pandemic is over. It's possible to record meetings on Zoom for playback. This could be beneficial for Hebrew language instruction on the subject of Hebrew grammar. (I have found that recording is often a good supplement to note-taking.) I regret that a half dozen members of the temple are not equipped to utilize Zoom. But it's possible to join in via telephone. Instructions for doing so are found in the adjacent column on this page of the Bulletin. All in all, our congregation is resilient in contending with this emergency. Please continue your support and donate toward the Hanukkah prizes and buy your tickets when they arrive in the mail.

TBE has been invited by the JCC of SLO for the honor of doing the Hanukkah candle lighting in downtown SLO on Tuesday, December 15th, at 5:00 pm. That's the 6th night of Hanukkah. It will be led by Hillel Rabbi Micah Hyman. We have to follow the Covid-19 regulations for SLO County. That means only ten people, each wearing a mask, and social distancing. Please let me know if you want to make reservations to participate.

-Gary, VP of TBE

TBE is now able to accept payments via Paypal on our website: tbesantamaria.com
<<http://tbesantamaria.com>>

When using this option, you may select "Dues" or "Donations". If you wish to pay for an event (such as the Chanukah party), please select "Donation" and be sure to add a description of what it is for in the optional comment area near the top of the payment screen on Paypal. If you have any questions about how to use Paypal, contact Suzanne
[Levy, slevy93455@gmail.com](mailto:Levy,slevy93455@gmail.com) or 805-934-0477.

Zoom by telephone

We are conducting services on the internet with Zoom during the Pandemic. Here are the instructions for how to do it from a landline (that is, an ordinary) telephone.

1. First, you have to find out from whomever is setting up the Zoom meeting (the "host") what the code number (called the meeting ID) is for the particular meeting that you want to join. It will be an eleven digit number. Ask the host for that number. Some of you may also be asked for the passcode which is TBE123.
2. Second, you have to dial the following phone number: 1 669 990 6833
3. Third, you will hear a voice saying, "Welcome to Zoom. Enter your meeting ID followed by pound sign (#)"
4. That's all you have to do.
5. Sometimes the host of the meeting asks the invitees to mute themselves. There should be a mute button somewhere on the front of your telephone. Press it and then any unwanted background noises at your house (like barking dogs) will not be heard at the meeting.
6. When the meeting is over the host will end it and you can just hang up.
7. If you get a busy signal there are alternate phone numbers that you can use:

346 248 7799
253 215 8782
312 626 6799
646 558 8656
301 715 8592

Are you ordering a lot from Amazon these days? If so, there are two ways you can help the Temple to raise money. The first is to buy Amazon script from Mike Sachs. When you get the gift card (scrip), you can go into Amazon, enter the code on the back of the card, and Amazon will deduct from the card balance. The other way is to always use Smile.Amazon.com
<<http://Smile.Amazon.com>> . Amazon will donate directly to TBE. To do this, go into smile.amazon.com
<<http://smile.amazon.com>> . Choose "Temple Beth El Santa Maria" as your charity. Then be sure to always order through Smile. The Temple really appreciates your support.

VEGETARIAN EGG PIZZA



INGREDIENTS:

Sesame oil

Eggs

Egg-white

Minced Onion (Dry)

Grated parmesan-Romano Cheese

Green onions

Mini colored bell peppers

Italian sausage-less sausage

Fresh (or dry) Basil

Fresh or dry Parsley

Pancake mix (Keto -Gluten free)

Sun-dried tomatoes (Strips)

Cheese (Lactose Free)

A mix of the following cheeses can be obtained at Trader-Joe's "Quattro Formaggi"

Asiago Cheese

Provolone Cheese

THE PROCESS

NOTE: As I mentioned during the class, I do not provide measurements or quantities. You need to decide how large or small the pizza should be, and use the amount of ingredients proportionally.

First: you need to create the Egg- Pancake mix bottom, and add the mix whatever your stomach desires – either herbs, some cheeses, various seeds, etc.

Once ready, remove from the heat.

Second: Grill or sauté the chopped veggies and the sliced Sausage.

Third: spread some of the grated cheeses on top of the pizza's base. (If you wish, you could also spread pizza sauce). Then arrange the grilled veggies mix on top of the cheese. Spread some more cheese on top (you may add Mozzarella if you wish). Put the Vegetarian pizza into the oven, and grill for 3-5 minutes, or until the cheese begins to bubble or begins to look brown.

Be' Te'avon.

Rabbi Dov



Tashlich at Avila Beach pier (Saturday, September 19, 2020). From left to right: Phil Epstein, Judith Klinger, Gary Epstein, Rabbi Gottesfeld, Sharon Gottesfeld, Mike Sachs, not shown: Marsha Epstein.

Anita Friedman, Religious Practices chair, thanks the following lay leaders of our Shabbat services (on Zoom) during the Corona virus period:

Virtual Shabbat Josue Medrano (July 24th),
Virtual Shabbat Josue Medrano (August 7th),
Virtual Shabbat Anita Friedman (August 14th),
Virtual Shabbat Diane Borad-Mirken (August 28th),
Virtual Shabbat Josue Medrano (September 4th),
Virtual Shabbat Shuva Anita Friedman (September 25th),
Virtual Shabbat Anita Friedman (October 2nd),
Virtual Shabbat Josue Medrano (October 9th),
Virtual Shabbat Diane Borad-Mirken (October 16th),
Virtual Shabbat Anita Friedman (October 23rd), and
Virtual Shabbat Josue Medrano (November 6th).

Hanukkah Is Coming

Help support your Temple by purchasing scrip as gifts. You don't have to worry about color or size. A percentage of all scrip sold goes back to the Temple (the amount varies with the retailer). It's a great "no cost" way to help our finances. Contact Michael Sachs at 928-2442 or email at mjs1526@aol.com for further information. For a list of all the participating retailers, go to www.shopwithscrip.com. The list is available towards the bottom of the page.

Thanks for your support

1. **Sid Caesar & Imogene Coca**
https://www.youtube.com/watch?v=FL42cIt7G50&feature=emb_rel_end
2. **Jack Benny**
https://video.search.yahoo.com/yhs/search?fr=yhs-ddc-ddc_bd&hsimp=yhs-ddc_bd&hspart=ddc&p=Jack+Benny#id=16&vid=b0a6f347da28336e010b187f7914d8f1&action=click
3. **Joan Rivers**
https://www.youtube.com/watch?v=knxuG_hYe-8
4. **George Burns & Gracie Allen**
https://video.search.yahoo.com/yhs/search?fr=yhs-ddc-ddc_bd&hsimp=yhs-ddc_bd&hspart=ddc&p=youtube+George+burns#id=6&vid=337ecf2fbbad55586a9d452471d9041f&action=view
5. **Tom Lehrer**
<https://www.youtube.com/watch?v=QHPmRJIoc2k>
6. **Alan King**
https://video.search.yahoo.com/yhs/search?fr=yhs-ddc-ddc_bd&hsimp=yhs-ddc_bd&hspart=ddc&p=youtube+Alan+King#id=2&vid=ba2820aaf6d849d8f686b9317fa3340c&action=click
7. **Gilda Radner**
https://www.youtube.com/watch?v=9hYGtXIqDa0&feature=emb_rel_end
8. **Shelley Berman**
https://video.search.yahoo.com/yhs/search?fr=yhs-ddc-ddc_bd&hsimp=yhs-ddc_bd&hspart=ddc&p=youtube+Shelley+Berman#id=3&vid=2e24690053133b63786c59bcf1da5679&action=view
9. **Mel Brooks & Carl Reiner**
<https://www.youtube.com/watch?v=UVkyv1aEpIg>
10. **Harpo Marx**
https://video.search.yahoo.com/yhs/search?fr=yhs-ddc-ddc_bd&hsimp=yhs-ddc_bd&hspart=ddc&p=youtubeMilton+Berle#id=8&vid=fc77d61be2cbdef922eb6b374d7558ab&action=view
11. **Milton Berle**
https://video.search.yahoo.com/yhs/search?fr=yhs-ddc-ddc_bd&hsimp=yhs-ddc_bd&hspart=ddc&p=youtube+Milto+Berle#id=3&vid=7304840f456a9493c792f37a0906b33b&action=click
12. **Jackie Mason**
https://video.search.yahoo.com/yhs/search?fr=yhs-ddc-ddc_bd&hsimp=yhs-ddc_bd&hspart=ddc&p=youtube+jakie+mason#action=view&id=19&vid=253ee8f39b097b7317a4258f7bd13dc5
13. **Henny Youngman**
<https://www.youtube.com/watch?v=rs8alTfP5Rk>
14. **Lewis Black**
<https://www.youtube.com/watch?v=jt0lpe3UR-I>
15. **Don Rickles**
<https://www.youtube.com/watch?v=N2W2XPJ4xUs>
16. **Groucho Marx**
<https://www.youtube.com/watch?v=pPHjJnFqs-s>
17. **Jack E. Leonard**
<https://www.youtube.com/watch?v=rxjP6evUJp4>
18. **Lenny Bruce**
<https://www.youtube.com/watch?v=G3QgxmiBfNY>
19. **Myron Cohen** <https://www.youtube.com/watch?v=WEcD5px35Lc>
20. **Buddy Hackett** https://video.search.yahoo.com/yhs/search?fr=yhs-ddc-ddc_bd&hsimp=yhs-ddc_bd&hspart=ddc&p=youtube+buddy+hackett+she+had+arthritis#id=2&vid=e0ac56cc46da6459d52e6d9c8a5566a8&action=click
21. **Mort Sahl** <https://www.youtube.com/watch?v=x8-9XYdncRw>
22. **Shecky Greene** <https://www.youtube.com/watch?v=HrYwbDfSsdE>
23. **Eddie Cantor** <https://www.youtube.com/watch?v=K557zrvaywc>
24. **Woody Allen**
https://www.youtube.com/watch?v=xmnLRVWgnXU&list=RDxmnLRVWgnXU&start_radio=1&t=19
25. **Mike Nichols & Elaine May** https://video.search.yahoo.com/yhs/search?fr=yhs-ddc-ddc_bd&hsimp=yhs-ddc_bd&hspart=ddc&p=youtube+mike+nickles+and+elain+may#id=3&vid=bc2baee9de84249c20076fde94632fa4&action=click
26. **Victor Borge** <https://www.youtube.com/watch?v=ZyLSplHi9y0>

Bulletin Briefs

November Birthdays

- 4 Shayna Levy
- 5 Maria Aguilar
- 5 Kristopher Wolf
- 7 Jonathan Goldstien
- 11 Talia Epstein
- 14 Molly Epstein
- 18 Adam Sales
- 19 Joel David
- 19 Sherry Semiatin
- 21 Barry Sutton
- 23 Andi Portney
- 24 Rachel LeCover
- 30 Ken Wolf

Donations

In memory of Renee Coe by Diane Borad-Mirken

In honor of Gary Epstein's preparation for High Holidays by Diane Borad-Mirken
Jaffe Café

In memory of Stephen Schwartz by
Marjorie Schwartz
Al Siamon

For the High Holidays:

- Diane Borad-Mirken
- Boots and Seymour Hersh
- David and Linda Goldstien
- Clarissa Schaeffer
- Ed and Linda Cohen

Brotherhood

The Temple Beth El Brotherhood meets the first Sunday of the month, which this month was November 1st. While the temple is closed due to the Corona virus, we do not meet there. However, we will continue to meet virtually using Zoom. Gary will still be sending out articles of interest to members of the group. Any responses will be emailed to the rest for comment or interest. So please let Gary know if you are interested in attending our Zoom meetings and he will send you an invitation. Our next meeting will be Sunday, December 6th.

Be well,

Michael LeCover

Sisterhood

The Temple Beth El Sisterhood normally meets the second Tuesday of the month at the Jaffa Café in Santa Maria. We will not meet as long as social distancing is in effect. The Jaffa Café is still open for takeout. If you visit on the second Tuesday, November 10th, and write TBE at the top of your order form, the temple will still get 15% of your order as a donation.

Remember that the Sisterhood runs the Temple Gift Shop. I just received some new items including Havdalah candles, beautiful Seder plates and gorgeous mezuzah cases. See the pictures below of some of our lovely items. Although the Temple is not open, I can meet you there by appointment so let me know if you would like some of our beautiful items. These items would make beautiful Hanukkah gifts. Spread the word. Hope we will meet again before long.

Marsha Epstein



November Yarzheits

11/1/20	Goldie Buder*			Mother of Madeline Akronowitz
11/2/20	Samuel Gruver	15	Heshvan	Stepfather of Andi Portney
11/3/20	Mordka Menachem Berkowitz	16	Heshvan	Father of Sam Berkowitz
11/3/20	Joseph Y. Goldstien	16	Heshvan	Father of Sid & David Goldstien
11/4/20	Rose Morris	17	Heshvan	Aunt of Seymour Hersh
11/4/20	Alice Mae Evans*			Mother of Ben Evans
11/5/20	Sandra Jacobson			Sister of Hinda Beaman
11/5/20	Morris Albert Targer*	9	Heshvan	Father of Tom Targer
11/6/20	Arthur Goldiner			Father of Paul Goldiner
11/6/20	Morris Krieger*			Father of Burton Krieger
11/11/20	Blanche Levy	24	Heshvan	Grandmother of Andi Portney
11/14/20	Leah Yasskin*			Mother of Trudy Resnick
11/16/20	Marion I. Levy*	29	Heshvan	Father of Jill Targer
11/17/20	Bella Chicovsky	1	Kislev	Grandmother of Yael Gott
11/17/20	Martha Kaver*	15	Heshvan	Sister-in-law of Ann and Milton Kaver
11/18/20	Joe Cohen*			Brother of Tillie Kaplan
11/19/20	Hymen L. Klass	3	Kislev	Father of Linda & Karen Goldstien
11/19/20	Janice Dietz	15	Kislev	Sister of Niki Eschen
11/20/20	Sidney Kaver	4	Kislev	Brother of Mike Kaver
11/22/20	Gertrude Levine	6	Kislev	Aunt of Len Akronowitz
11/23/20	Morton LeCover	7	Kislev	Father of Michael Lecover
11/26/20	Stanley Jones			Father of Maia Lewis
11/26/20	Richard Wolson*			
11/27/20	Aggie Margolis			Friend of the Goldstien Families
11/27/20	Rose Shrogin*			Mother of Miriam, Aaron Shrogin
11/28/20	Pearl Lewis	12	Kislev	Mother of Steve Lewis
11/29/20	Rose Russell	16	Tevet	Wife of Mort Russell

Months of Mourning

Joanna (Joey) Bilow	Mother of Aaron Bilow	1/22/2020
Ilene J. Klass	Mother of Linda and Karen Goldstien	4/15/2020
Hinda Beaman	Member of TBE	6/7/2020
Adam Hill	SLO County Supervisor	8/6/2020
Megan Wolf	Niece of Ken Wolf	8/13/2020
Daivon Young	Nephew of Frank Young	8/18/2020
Renee Coe	Mother of Andi Portney	8/22/2020
Ulysses Ferrer	Cousin of Josue Medrano	8/19/2020
Janice Schragar	Mother of Michael Shrager	9/8/2020
Ruth Bader Ginsburg	Justice of the Supreme Court	9/18/2020
Walter Koch	Brother of Katherine (Hersh) Koch	10/10/2020

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Brotherhood Seminar on Zoom (10 AM)	2	3 Adult Hebrew Conversation class (6 PM on Zoom)	4	5	6 Shabbat service led by Josue Medrano on Zoom (7:30 PM)	7 Etz Chayim (9:30 AM)
8	9	10 Adult Hebrew Conversation class (6 PM on Zoom) TBE Board Meeting on Zoom (7 PM)	11	12	13 Shabbat service led by Anita Friedman on Zoom (7:30 PM)	14 Etz chayim (5:40 PM)
15 TBE Fall Membership meeting (2 PM on Zoom)	16	17 Adult Hebrew Conversation class (6 PM on Zoom)	18	19	20 Diane Borad-Mirken leads Shabbat service on Zoom (7:30 PM)	21 Etz Chayim (9:30 AM)
22	23	24 Adult Hebrew Conversation class (6 PM on Zoom)	25	26	27 Rabbi Dov Gottesfeld leads Shabbat service on Zoom (7:30 PM)	28 Rabbi Gottesfeld leads Torah discussion group (10 AM) Etz Chayim (5:30 PM)
29	30					